

# TEFSI Capacity Building Training: Innovative Teaching in Higher Education for Sustainable Food Systems

## On-line World Café

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Warsaw University of Life Sciences, Faculty of Human Nutrition, Warsaw  
7th – 8th July 2021  
Location: Zoom & MS Teams

# Online World Café Workshop - agenda

- 1) Intro - 5 min
- 2) Experiencing a World Café tool - 45 min
- 3) Q&A on the World Café tool - 10 min

Intro

*“No matter what people tell you, words and ideas can change the world.”*

*Robin Williams*

# What is a World Café?

The **World Café methodology** is a simple, effective, and flexible format for hosting small to **large group dialogue**.

It is a creative process for sharing knowledge and creating possibilities for action.

It builds on the strong notion of group intelligence.

It encourages participants interaction.

It can foster deeper engagement with complex or challenging issues.

# How does it work?

- You start with setting an overall topic for your World Café.
- Within that topic, 3 – 5 key questions should be formulated for discussion.
- Each question is assigned to a specific table host/moderator.
- Tables (one per question) are set up in ‘café’ style – to create a relaxed, informal environment. You can also invite participants to get a coffee or tea before the discussion starts.
- Participants divide and choose (or are assigned to) a table to start the process.
- The host provides a brief introduction, and then participants discuss the question.

# How does it work?

- When time is up, the participants rotate to the next table, while the host stays behind to introduce the question once more and summarize the preceding discussion for a new set of participants.
- How participants rotate is totally up to you: while it sometimes makes sense that participants from each table rotate clockwise (or counterclockwise) to the next table, allowing for “free-floating” can be enriching.
- When another discussion round starts, the host of that table provides a short summary of the main points and the new participants then add their insights to the question, refining or modifying the contributions of the previous group.

# How does it work?

- Depending on your design, this step is repeated until everyone discusses each question.
- A concluding plenary wraps up the discussion. Usually hosts are invited to summarise during the last round the key takeaways for example on a flipchart and share that during the plenary session with everyone.

The tremendous benefit of the World Café is that **by dividing a large group into smaller subgroups**, conversations can be made more focused, relaxed and participatory, with **greater opportunity for all participants to speak and contribute** equally – thereby encouraging authentic sharing of experiences and knowledge.

# Simple rules of etiquette that help to get the most from a World Café workshop

**The World Cafe Etiquette**

**1 Focus on What Matters**

**2 Contribute Your Thinking**

**3 Speak Your Mind and Heart**

**4 Listen to Understand**

**5 Link and Connect Ideas**

**6 Listen Together for Insights and Deeper Questions**

**HAVE FUN**

**#virtualspacehero**

**VIRTUAL SPACE HERO**

The infographic features a dark blue background with a starry space pattern. The title 'The World Cafe Etiquette' is written in large white letters at the top. Six numbered rules are presented on colorful sticky notes: 1 (light blue), 2 (pink), 3 (yellow), 4 (light purple), 5 (light green), and 6 (light blue). A large yellow circular sticker with the text 'HAVE FUN' is positioned on the right side. The hashtag '#virtualspacehero' is at the bottom right, and a small 'VIRTUAL SPACE HERO' logo with a character is in the top right corner.

Time for World Café workshop...

# Today's World Café Questions

**Room 1** > What is the impact of climate change on the Food Systems?

**Room 2** > What are the main challenges of our current food system?

**Room 3** > What is the impact of Food Systems on climate change?

**Room 4** > What and how should we teach towards a more sustainable food system?

**Room 5** > What challenges do you see/expect or already experienced for the implementation of innovative teaching methods?

**Room 6** > What could we do towards a more sustainable food system?

# World Cafè Structure

## **Round 1** > 15 min

In our case groups are formed randomized.

In the beginning each group identifies a group moderator who needs to take notes.

## **Round 2** > 15 min

Group moderators stay in their room and others join by choice (5-6 people/room).

In the beginning the group moderator shares the findings of the 1st round with the 2nd round group, and the 2nd round group adds their perspective, ideas and thoughts.

Round 3-... > *not in our case*

## **Share Back Round** > 15 min

Harvest of the group exchanges in plenary.

Group moderators sharing in 1-2 min the main takeaways/findings.

# Q&A Round

