

# PROGRAMME

## TEFSI Capacity Building Training:

Innovative Teaching in Higher Education  
for Sustainable Food Systems

Warsaw University of Life Sciences, Faculty of Human Nutrition,

Warsaw

7<sup>th</sup> – 8<sup>th</sup> July 2021



Transformation of European Food  
Systems towards Sustainability by  
Transnational, Innovative Teaching



Co-funded by the  
Erasmus+ Programme  
of the European Union

Location: MS Teams

Register here:

[TEFSI Training in Warsaw - Registration Form](#)

(link to the meeting will be provided by email after registration)

## DAY 1 - WEDNESDAY, 7th July 2021

### REGISTRATION AND WELCOME

9:00 – 9:05 **On-line warm-up and registration**

9:05 – 9:20 **Welcome and introduction to the training and TEFSI project**  
*Dominika Średnicka-Tober, Warsaw University of Life Sciences (Poland)*

### SESSION 1: COURSE DESIGN

9:20 – 11:00 **The ABC model for course design: Theory and practice**

*Susanne Bügel, University of Copenhagen (Denmark)*

Introduction to the ABC model and how to use it for own course design. Participants will create a visual 'storyboard' with various learning activities to be included in their course. The 'storyboard' makes it easier for teachers to design course content and to create an overview of which activities are missing or if there are too many of them.

11:00 – 11:15 **Break** (*TEFSI videos will be projected during the break*)

### SESSION 2: COURSE DESIGN CONT. & WORLD CAFÉ TOOL

11:15 – 12:00 **The ABC model for course design: Theory and practice – cont.**

12:00 – 13:00 **Online World Café**

*Charlotte Prelorentzos, UNISG (Italy) & Dominika Średnicka-Tober, Warsaw University of Life Sciences (Poland)*

## DAY 2 - THURSDAY 8th July 2021

### SESSION 3: CREATIVE PROBLEM SOLVING, FISHBOWL, NATIONAL DISH, GIVING FEEDBACK

9:00 – 9:30 **Creative problem solving**  
*Carola Strassner, Münster University of Applied Sciences (Germany)*

Learn about the processes that bring scientific discoveries into the world and how to nurture creativity in your students. Creativity is one of the 4C's skill set together with critical thinking, collaboration and communication needed for sustainable development and transformational work.

9:30 – 10:00 **Fishbowl**  
*Carola Strassner, Münster University of Applied Sciences (Germany)*

Learn about the Fishbowl approach to practicing discussion in groups which enhances both speaking and listening.

10:00 – 10:30 **National Dish task as an innovative tool to teach about food system sustainability**  
*Susanne Bügel, University of Copenhagen (Denmark)*

The National Dish is a case-based teaching approach that allows students to develop a personal attitude to the sustainability of food systems and diets. The approach makes the students attentive to everyday meals and their link to the environment and human health. Various indicators relating to sustainability, health, food culture etc. can be included and discussed.

10:30 – 11:00 **Giving feedback to students: Feedback and Peer-feedback**  
*Susanne Bügel, University of Copenhagen (Denmark)*

Learn about why and how to give feedback to students to enhance their learning process. Ideas, resources and examples will be presented.

11:00 – 11:15 **Break** (*TEFSI videos will be projected during the break*)

#### SESSION 4: EXAMPLES OF CASE-BASED TEACHING

11:15 – 11:40	<p><b>MAESTRO. Students work for a company client with applications in the food sector and food systems</b> <i>Mathieu Desole, ISARA-Lyon (France)</i></p> <p>Linking theory and practice – discover the role of the higher education teacher coordinating Master-level students’ internships in partner companies. We will focus on how to manage the autonomy and the creativity of students while addressing specific questions of the clients. Strengths and weaknesses of this professional training will be discussed.</p>
11:40 – 12:05	<p><b>Action and Experiential Learning Approach</b> <i>Charlotte Prelorentzos, UNISG (Italy)</i></p> <p>Facilitating transformation and competence development in university education of Gastronomic Science. We have developed an action-oriented approach in Agroecology which implies a change in approach in pedagogy: from the role of teachers and students to facilitators and learners and from focusing on knowledge to practicing skills.</p>
12:05 – 12:20	<p><b>Participants’ discussion: Case-based teaching in own practice</b></p> <p>Participants will discuss how they could apply case-based teaching in own courses.</p>

#### SESSION 5: FINAL SESSION – FOLLOW UP, COMMENTS AND REFLECTIONS

12:20 – 12:35	<p><b>GOODFOOD project as a continuation of teaching about sustainable food systems</b> <i>Dominika Średnicka-Tober, Warsaw University of Life Sciences (Poland)</i></p>
12:35 – 12:50	<p><b>Comments and reflections of participants</b></p>
12:50 – 13:00	<p><b>Wrap up &amp; final word of the coordinator</b></p>

#### PLEASE NOTE:

Participants should in advance prepare and **bring along to the workshop a description of own course** they would like to work with throughout the training (on DAY 1 to apply the ABC course design). This can be an existing course they already teach or a course they would like to teach in the future.

The course description should include the following:

- 1) What do you expect the student to learn during the course (learning outcome)?
- 2) Which teaching methods do you currently use or plan to use in the course?
- 3) Do you have any ideas or wishes for new/innovative activities that you would like to implement?